

Now at Robinson Preserve
5K Ghost Run
 8 a.m., Sunday, October 21, 2018

October 18-19 Early Packet Pickup and Registration at Fit2Run, located in the UTC Mall next to Dillard's (during store hours).

6 am Race Day Registration Robinson Preserve for all events.

7:15 am Kids' Ghost Races for children 12 and under. The 3-4 year olds run 100 meters, 5-6 years run 200 meters, 7-9 years run 400 meters and 10-12 years run 800 meters. Trophies to top boy/girl winners 1st through 3rd in each age group. Children 12 and under registered in the 5K Ghost Run can partake for free!

8 am 5K Ghost Run chip timed event runs on groomed trails with breath taking views of the park with a water stop, course marshals, and then a fabulous after party including adult beverages with proper identification.

8:05 am 5K Ghost Run with Doggies (Their owners on a leash) Same course as the 5K with doggie watering holes. Top three winners male/female receive a crafted 6" tile with their doggies name engraved.

8:10 am One Mile Walk benefits the Robinson Hearts and Minds Foundation.

9:00 am Ghost After Party Great food and beverages, face painting and Ugly Costume Contest for children, adults and doggies.



Awards Top male/female finishers receive Fit2Run \$100 gift certificates. All winners in their age groups receive crafted award tiles: male/female Masters, Grand Masters, Sr. Grand Masters and Veterans then Age Group Awards three deep, 9 & under, 10-14 years, then five year age group to 80+.

Thank You To Our Generous Sponsors:



Danny's Pizzeria • Levelle Kisons • Goedde Family

Register online at www.fit2run.com/5kghostrun or fill out the form below. Print clearly and complete the entire form.

First Name: _____ Last Name: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Cell Phone: _____
 Birthday (DD/MM/YYYY): _____ Age on Race Day: _____ Female Male
 E-Mail: _____ Club Name: _____

Shirt Size (circle one): **WOMENS: XS S M L XL UNISEX: S M L XL XXL XXXL KIDS: S M L**

General Waiver and Release of Liability Agreement

LIABILITY WAIVER: Waiver Release: I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the 5K Ghost Run/Kid's Dashes. (2) In consideration for my application to participate in the Ghost 5k Run and or Kid's Dashes being accepted, I on my behalf of myself, my heirs and assigns and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employers from any and all claims that may accrue as the result of my participation. (3) I hereby grant the Hearts & Minds Foundation, and Fit2Run specific permission to reproduce, publish, and circulate copyright or otherwise use of any and all photographs and/or video tape of me and/or my family taken at the 5K Ghost Run and Kid's dashes, for use by Fit2Run, Robinson Preserve Park and the Robinson Hearts & Minds Foundation.

Signature of runner or walker (Parent or Guardian Signature if under 18) _____ Date: _____

For information call (941) 932-6147. For forms go to www.robinsonhmf.org.

Make check or money order payable to: **RHMFTDN**
 If not registered online, mail completed entry form to:
Rhonda Robinson, c/o RHMF
1215 86th Ct. N W, Bradenton FL 34209

FEES:

- 5K Ghost Run (Discount Runner \$25)** This \$5 discount includes members of Club Fit2Run, MTC, LWRR, SPRR, BRC, Suncoast Striders and Zoomers) For in-store or mailed registrations until 10/14.
- 5K Ghost Run (\$30 through 10/14)** After 10/14 \$35
- 5K Doggie with Owner (\$30 through 10/14)** After 10/14 \$35
- Kids' Dashes (\$10 for Children 12 & under through 10/14)** After 10/14 \$15
 Note: children can run in both the 5K and Kid's Dashes for the 5K registration fee
- 1 Mile Fitness Walk (\$25)** until race day

Pay by Check Amount enclosed \$ _____

Pay by Credit Card AMEX Visa MasterCard

Expiration Date: _____ Security Code: _____

Name on Card (print): _____

Signature: _____